



# Director's Notes

What a tremendous summer for programming here at the recreation department. Great Camps and Clinics and some fun new outdoor classes that were held at the parks. Hygeia was great relief for many residents looking to swim and spend some time in the sand on the hot days and with the number of special events and concerts there were so many things to keep the summer hopping and interesting.

Heading into the fall we have another large amount of offerings for everyone's tastes from toddler through seniors new fitness classes, family movies and also some great workshops. Before you know if we will be into the holiday season and as always we have a great lineup of holiday events but first let's end the summer with a couple popular Killingly events with the 2nd Annual Killingly Bike Night 2016 on Thursday, August 18th and The Killingly Great Tomato Festival on Saturday, September 10.

Come on down to the Killingly Community Center and visit us to see what's going on and take a look at the revamped gymnasium floor and other fun things to do here in Killingly.

**Don't Wait Until the Last Minute!!!**  
Please make sure to register for the programs you wish to participate in early. The department reserves the right to close out a program due to limited space or to cancel a program due to low enrollment.

## Policies:

**Registration Policies:** Registration can be done by mail, at the office in person or by using the drop box outside the office. Payment accepted is cash or check only and is expected at the time of registration.

**Refund Policies:** Two weeks prior to the start date of a program, full refunds will be granted. Once a program has begun, refunds may be granted upon an appointment, a \$10 administrative fee will be charged on refunds that are granted. \*Please note that trips have their own refund policy.

**Photo Policy:** Any photographs taken of any participants of the Killingly Parks and Recreation Department programs or activities may be used for publication or advertising materials such as brochures, channel 20, etc. Any participant not wishing to have a photograph of themselves used must submit, in writing, at the time of registration, a request not to be photographed.

**Building Closure:** As a general rule the office and building will close at 4:30 PM on any day that the Town's school system cancels school or has an early dismissal and all programs will be cancelled. The department also reserves the right to close the building at anytime due to impending weather or a closing of all town offices.

**Late Fees:** There will be a late fees assessed for programs if you have not registered by the cut off date. This will be \$5.00 per participant unless otherwise noted in the Fee portion of the program write up. This means registrations must be into the office by the date listed with payments, no registrations will be taken without the late fee added on if they arrive past the cut off date. Participants in ongoing programs that pay past the due date will also be assessed the \$5 fee.

***This institution is an equal opportunity provider and employer.***

*Disclaimer: The Parks and Recreation Staff has made every effort to prepare this brochure as accurately as possible. The program listings/ information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance should you find an error or for any inconvenience this may cause.*

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### Recreation Staff:

- Tracy Mason – Recreation Director
- Anthony Easley – Assistant Recreation Director
- Alex Mercier – Recreation Supervisor
- Valerie Ward – Admin. Aide
- Maureen Hayes – Admin. Aide
- Pam Janetatos – Receptionist

### Park Staff:

- Bruno Dube – Groundsperson/ Crew Leader
- Matt Salce – Craftsperson

### Board of Recreation Members:

- Hoween Flexer– Board of Education Liaison
- Lynn Laberge– Town Council Liaison
- Janet Hallbergh
- James Milliard – Vice-Chair
- Melissa Phillips – Chair

### Killingly Community Center

- Location:** 185 Broad Street, Killingly, CT 06239
- Telephone:** 860-779-5390
- Fax:** 860-779-2758
- Website:** www.killinglyct.org
- Visit us on Facebook:** Killingly Parks and Recreation
- Office Hours:** Monday-Friday 8:30am – 4:30pm
- Facility Hours:** Fall hours begin the week of September 5th  
Monday, Tuesday, Wednesday & Thursday 8:30am – 8:00pm  
\*Friday 8:30am – 4:30pm

### Resident Troopers Office:

Offices have moved to the Town Hall • Telephone 860-779-3900

### Online Registration

<https://apm.activecommunities.com/killinglyrec>

(\*Internet explorer is the recommended web browser for our online registrations)

### Veterans Coffee House:

Room 215 of the Killingly Community Center every Tuesday.  
Call RSVP office at 860-774-9286

# FALL LEAGUES \* FAMILY /ALL AGE PROGRAMS



## YOUTH HOOP RECREATION BASKETBALL

1st and 2nd grade instructional program and recreation league for grades 3-8. Children are placed on teams in different divisions for girls and boys (when numbers permit) for instruction and game play in the sport of basketball.

### Divisions will be as follows:

Grade 1 and Grade 2 instructional, Grades 3-4 (co-ed), Grades 5-6 (Boys), Grades 7-8 (Boys), and a Grades 5-8 division of Girls (5-8 grade divisions will be traveling to other local towns during the season for games at times).

**Date:** Evaluations are held for all players on assigned nights with assigned times in the beginning of November. Practices and games begin after Thanksgiving weekend.

### REGISTRATION BEGINS FOR EVERYONE ON SEPTEMBER 6TH AND ENDS ON OCTOBER 14TH.

**Time:** Practices and games take place Mondays through Saturdays – teams meet 2-3 times a week.

\*1st and 2nd grade Instructional will meet only once per week.

The 1st and 2nd grade Instructional program will once again be run by coach Scott Derosier and his staff. Children will learn the basics to get them started in the sport and then progress to game play (this program will meet on Saturdays).

**Place:** Various locations depending on divisions. Killingly Community Center, Killingly Central School, Killingly Memorial School, Killingly Intermediate School, and the Westfield Ave Gymnasium.

**Fee:** \$46/Killingly Resident \$60/Brooklyn Resident \$25/ Instructional 1st and 2nd grade program

**Notes:** Children will be divided according to skill and size, therefore request for coaches or playing with other children may not always be granted.

**VOLUNTEERS NEEDED:** All coaches are volunteers. If you are interested in coaching please call KPRD at 860-779-5390 for more details.



## WOMEN'S SELF-DEFENSE

Do you want to feel safe when walking down the street alone or with your children? Sign up for this 4-week women's self-defense course and learn some moves from the exotic martial art of Indonesian Silat. This is a reality based self-defense course that will help you defend yourself and your loved ones in real life situations.

**Location:** Killingly Community Center Room 115

**Dates:** Thursdays from October 6 - 27

**Time:** 5:30-6:30pm

**Instructor:** Tony Giambattista

**Fee:** \$25



## PRE-SEASON BASKETBALL CLINIC

The clinic provides boys and girls in grades 3-8 the opportunity to prepare for the upcoming basketball season. Long-time coach and clinician Scott Derosier leads the 3-evening clinic.

**Date:** Tuesday, Wednesday, and Thursday November 1, 2, 3rd

**Time:** 6:00-7:30pm

**Fee:** \$15/participant

**Location:** Killingly Memorial School Gym

## START SMART BASKETBALL (AGES 4-5)

Children ages 4-5 will learn basic motor skills necessary to play organized basketball while working one-on-one with their parents. The program focuses on teaching children and their parents skills in dribbling/ball handling, passing/catching, shooting, and running/agility without the competition or fear of getting hurt. Instructed By Killingly High Schools Girls Head basketball Coach Gina Derosier.

**Who:** Children ages 4-5 with parent or adult guardian

**When:** 6 Mondays from 6:00-7:00pm October 10, 17, 24 and November 7, 14, and 21

**Place:** Killingly Community Center Gym

**Cost:** \$30 Parent/Child – limited space

## FALL INDOOR PICKLEBALL

Sign up for Tuesdays, Thursdays, or both in one of two time slots and enjoy an evening of Pickleball on the NEW Killingly Community Center Gym floor! All equipment provided.

**Location:** Killingly Community Center Gym

**Dates:** 6 Tuesdays and Thursdays from September 13 – October 20

**Time Slots:** 5:15-7:15pm, and 7:30-9:30pm.

**Instructor:** Alex Mercier

**Fee:** \$25 for one day a week or \$40 for both



## MIDDLE SCHOOL TOURNAMENT SERIES

Throughout the year we will hold various tournaments with the winners getting both the glory of victory and a trophy!

For the fall season three tournaments will be held for Middle Schoolers: Kan-Jam, Ultimate Frisbee, and Cornhole.

Kan-Jam and Cornhole will both be played in teams of 2 and Ultimate Frisbee in teams of 5-7. All events may be signed up for individually or as a team.

**Location:** Killingly Intermediate School back lawn

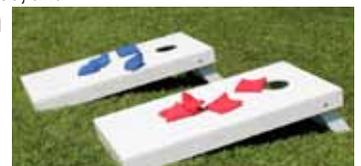
**Dates:** Cornhole - September 14

Kan-Jam - October 5

Ultimate Frisbee - October 26

**Time:** 2:30-4:45pm

**Fee:** \$5 per person for each tournament





# TRIPS/SENIORS/FIRST AID/THEATRE

## TRIPS

### BOSTON FOR THE DAY!

Join us for a day on your own in the city! Drop off and pick up location will be Quincey Market.

**Date:** September 17, 2016

**Time:** Depart Community Center 9:00am / Return 5:30pm

**Fee:** \$8.00



### WRENTHAM

*Back by popular demand... shopping for the day!*

**Date:** October 22, 2016

**Depart:** 9:00am / Return 4:00pm

**Fee:** \$8.00

## KPRD SENIOR CINEMA

**FREE MOVIES FOR AREA SENIORS EVERY WEDNESDAY @ 1:30PM**

Free to all seniors – an opportunity to come and enjoy movies shown in the Community Center Theater. Coffee/Tea and snacks will be available. Suggestions welcome on viewing options and a movie will be chosen 2 weeks prior to the scheduled dates.

## CPR&First-Aid:

Learn the valuable skill of CPR with this Heartsaver program.

This one day, class gives you

a two year certification that would prepare you to respond to persons in need of CPR. Anyone age 12 and older may take this course. Also included is Basic first aid reviewing medical injury and environmental emergencies. There will be some hands-on practice with bandaging and splinting.

**Dates:** October 22nd • **Time/Day:** Saturday 9:00am – 2:00pm

**Place:** Room 212 • **Instructor:** Tammy Wakefield, AHA instructor

**Fee:** \$50 includes materials and card or \$60 less then one week prior to class

**Notes:** Limited spaces are available.

**American Heart Association®**

*Learn and Live...*



STAY UP TO DATE BY FOLLOWING THE LITTLE THEATRE ON BROAD STREET ON



## Ticket Prices for regular season musical shows

Musicals Adults: \$10 • Seniors/Children (2-11) \$8

Non-Musical/Cabaret • Adults: \$8 • Seniors/Children (2-11) \$5

Tickets may be purchased one month prior to the show date and are sold at the Recreation Office or Trinket Shoppe



**Auditions:** November 11th (6-8 PM), 12th & 13th (10-12 PM)

**Show Dates:** March 3rd, 4th, 10th, 11th (7 PM) & 5th & 12th (2 PM)

Welcome to Agrabah and the Academy Award-winning adventure of the street rat that became a prince! Based on the iconic animated film, with an Academy Award-winning score by Alan Menken, Howard Ashman and Tim Rice, Disney's Aladdin JR. is sure to send audiences soaring on a flying carpet ride filled with romance and adventure. When the street urchin, Aladdin, vies for the attention of the beautiful princess, Jasmine, he uses a genie's magic power to become a prince in order to marry her. Iago, Jafar, the Genie and more are here in Disney's Aladdin JR., a musical adventure filled with magic, mayhem and the power of love. An ensemble of townspeople, shop owners, harem girls and princes allows for a great experience for all.

## Teen Improv

**Auditions in August** - Check our Facebook page for more information  
**Shows:** November 2016 & January 2017

Our fourth year with our Teen Improv group. Character building skills, quick paced and thinking on your feet!!!!



**Auditions:** March 30th & 31st (6-8 PM), April 1st (10 AM-12 PM)

**Show Dates:** June 8th, 9th, 10th (7 PM) & 11th (2 PM)

Introduce theatre to your classroom today! Explore, Create and Share the arts with this easy-to-use, multi-media program.

Welcome to The Lion King Experience! Disney's The Lion King has captivated the imagination of audiences around the world and now, for the first time ever, you have the opportunity to produce this one-of-a-kind musical in your school. The African savannah comes to life on your stage with Simba, Rafiki and an unforgettable cast of characters as they journey from Pride Rock to the jungle... and back again, in this inspiring, coming-of-age tale.

## 10th Annual Christmas Cabaret

Ages 2-99

Come a join us in what has become a family tradition for the community. Come on down to share your favorite Christmas songs. All types of performances are welcome (i.e., singers, dancers, instrumentalist etc.) to audition.

**Tickets:** All tickets \$5

**Auditions:** October TBD (6-8 PM), October TBD (10 AM-12 PM)

**Show Dates:** December 9th & 10th (7 PM), December 11th (2 PM)

## Death of a Don

Godfather Don Giovanni clings to the traditions of a bygone era. He is at a Louis XIV desk in a room filled with bean bag chairs. The tired crime lord must battle a pudgy daughter who wants to be a rock star, a son who writes bad poetry, an older daughter for whom he is arranging a marriage and his eldest son who thinks they should invest in a 976 franchise. Even his wife is tired of black dresses, no vacations and blood splattered laundry. It's King Lear meets the Godfather. When the don is murdered during his daughter's wedding, everyone is under suspicion. Add a reluctant groom, an angry mistress, a missing will and a secret passageway and you have a one set, two act shotgun wedding Italian style!

**Tickets:** All tickets \$5

**Show Dates:** November 4th - 6th

**Auditions:** Open for Adults and High School Students - Aug 24 and 29 6-8pm

# FITNESS/WELLNESS PROGRAMS



## FEELING GREAT: NEW & IMPROVED GROUP FITNESS SESSIONS

KPRD has done it again! We would like to introduce our Group fitness classes that are sure to keep you feeling great, healthy and active. Take advantage of reduced rates when you sign up for multiple classes during our sessions, you can also add our weight and cardio room to keep you on your way to your fitness goals.

**Dates:** Please see our sessions below. \*Classes will not be held when the building is closed for holidays or weather issues

**Fees:** See session dates for fees

**Sessions:** Sign up early!!!! Classes have a minimum to run

### Session 1 (8weeks): September 12th to November 4th

(No class Monday October 10th)

(\*\*\*Session 1 Yoga will be 5 weeks. Session dates will be Oct 3rd – Nov 4th no class held on Monday 10/10 (\$25 for Session 1 taking 1 class per week or \$35 for 2 classes per week)

#### Fees: Session 1 prices

1 class per week \$40.00 • 2 classes per week \$60.00 • 3 classes per week \$80.00

Add Weight & Cardio Room for only \$5.00 when you sign up for any full session.

**\*DROP IN FEE \$7.00** \*Drop-Ins will only be allowed for running classes and spots are limited based on registered participants.

### Session 2 (8weeks): November 14th to January 6th (No classes held on

Thursday 11/24 and Monday 12/26, 1/2)

#### Fees: Session 2 prices

1 class per week \$40.00 • 2 classes per week \$60.00 • 3 classes per week \$80.00

Add Weight & Cardio Room for only \$5.00 when you sign up for any full session.

**\*DROP IN FEE \$7.00** \*Drop-Ins will only be allowed for running classes and spots are limited based on registered participants.

### Session 3 (8weeks): January 16th to March 10th (No classes held on Monday

1/16, 2/20)

#### Fees: Session 3 prices

1 class per week \$40.00 • 2 classes per week \$60.00 • 3 classes per week \$80.00

Add Weight & Cardio Room for only \$5.00 when you sign up for any full session.

**\*DROP IN FEE \$7.00** \*Drop-Ins will only be allowed for running classes and spots are limited based on registered participants.

### Session 4 (8weeks): March 20th to May 12th

#### Fees: Session 4 prices

1 class per week \$40.00 • 2 classes per week \$60.00 • 3 classes per week \$80.00

Add Weight & Cardio Room for only \$5.00 when you sign up for any full session.

**\*DROP IN FEE \$7.00** \*Drop-Ins will only be allowed for running classes and spots are limited based on registered participants.

### Bonus Session 5 (\*6 weeks): May 15th to June 23rd (No classes held on

Monday 5/29)

#### Fees: Session 5 prices

1 class per week \$30.00 • 2 classes per week \$50.00 • 3 classes per week \$70.00

Add Weight & Cardio Room for only \$5.00 when you sign up for any full session.

**\*DROP IN FEE \$7.00** \*Drop-Ins will only be allowed for running classes and spots are limited based on registered participants.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00pm	YOGA "A" (5:30-6:30pm) Instructor: MARY *see session 1 info		YOGA Beginner / chair (5:30- 6:30pm) Instructor: MARY *see session 1 info	
6:00pm	Advanced Cardio Fit (6-6:45pm) Instructor: Lisa	HIT IT KICK BOXING 6-7pm Instructor: Jess	CARDIO DANCE FIT PLUS+ (6-7:30pm) Instructor: Lisa	YOGA "B" (6-7pm) Instructor: MARY *see session 1 info
6:30pm	20/20/20 "A" (6:30-7:30pm) Instructor: Jess		20/20/20 "B" (6:30- 7:30pm) Instructor: Jess	
7:00pm	Cardio Dance Fit 7:00-7:45pm Instructor: Lisa			

FOR ALL FITNESS COURSE DESCRIPTIONS PLEASE VISIT [WWW.KILLINGLYCT.GOV/PARKS-RECREATION](http://WWW.KILLINGLYCT.GOV/PARKS-RECREATION)

## NEW SPECIAL FITNESS CLASS NIGHTS

### NUTRITION AND PORTION CONTROL WORKSHOPS



(2x dates to choose from)

Do you know how much you are eating? Do you know how much you are supposed to eat to maintain a balanced diet? This workshop will help bring awareness to proper nutrition and portion control. Learn the correct amount of calories you should have every day for your health and fitness goals as well as how to read nutrition labels.

**Location:** Community Center 185 Broad street Killingly CT

**Time/Fee:** 6:30-7:30pm \$10.00per workshop

**Workshop #1** Thursday September 22nd OR

**Workshop # 2** Thursday November 3rd

**Instructor:** Jessica Houkler

### PILATES WORKSHOPS (3X DATES TO CHOOSE)



Dust off your gym mat and get ready to do a series of movements that will stabilize and strengthen not only your core but your total body. This low impact workout is great for any fitness level. Slow controlled movements allow for muscle strengthening, lengthening and stretching. Gain a better understanding of proper posture and breathing techniques that will leave you with a feeling of wellbeing and balance.

**Workshop #1** Tuesday October 18th 7:15-8:00pm @ community center \$10

**Workshop #2** Tuesday November 15th 7:15-8:00pm @ community center \$10

**Workshop #3** Tuesday December 13th 7:15-8:00pm @ community center \$10

**Weight and Cardio Room:** Come in and exercise at your own pace with your own workout. Weights, benches, squat machines etc. for those looking to tone and sculpt or build muscle and cardio equipment including bikes, ellipticals and treadmills for those wishing to work on cardio and stay in shape. Must be 18 or 16 and accompanied by an adult. Must have a spotter if using weights other than dumbbells, universal machine or cardio equipment. Hours are Monday through Thursday 8:30am -7:30pm Fridays until 4:15pm

**Fee:** \$10/month for residents (must supply proof of residency) \$15/month for non-residents. Notes: Showers are available in both the men's and women's locker rooms.



# PRE K, FAMILY, & ADULT PROGRAMS

## LITTLE YOGIS

This 4 week class will get your child and you up and moving. Beginning with Simple yoga techniques to help children follow and listen to direction to stretching and balance. Participants will also learn how to listen to their bodies to safely incorporate stretch routines into their lives. 40 minute class recommended for ages 2-12.

**Time & Dates:** Meeting on Tuesday's 10:30am-11:10am

Class dates (Oct 11, 18, 25 and Nov 1)

**Location:** Killingly Community Center

**Ages:** 2-12

**Instructor:** Jessica Houlker

**Fee:** \$20



## SQUEAKY SNEAKERS (This program is back for 2x sessions!!!)

This popular 4 week Children's program helps your child burn off some extra energy while exercising. Simple and fun instruction including running, game play and fun. Come prepared to run, jump, skip and twirl. If your child can walk than this class is for you. 40 minutes

**Session 1:** Meeting on Wednesday's 11:00-11:40am at the Killingly Community Center Gym. Class dates (September 14, 21, 28 and October 5th)

**Session 2:** Meeting on Wednesday's 11:00-11:40am at the Killingly Community Center Gym. Class dates (October 12, 19, 26 and November 2)

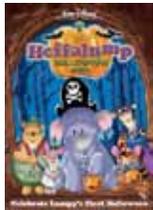
**Ages:** 2-5

**Instructor:** Jessica Houlker

**Fee:** \$20 Per Session

## PRE-K MATINEE

Enjoy two special **FREE** movie days with your child at the theatre in the Community Center. You may bring your own snacks. We kindly ask for all visitors who bring snacks to leave the theater in the same condition it was upon arrival. 😊



**October 25th at 11:00am**

Running time 67 min  
"Pooh's Heffalump Halloween Movie"  
Come in your Halloween Costumes

**November 22nd at 11:00am**

Running Time 70 min  
"Winnie the Pooh Seasons of Giving"



## TODDLER/PRESCHOOL MAKE AND TAKE

### CRAFT ACTIVITIES: (Back by popular demand !!)

Ages 18 months – 5 years

Make your own play dough, finger paint, sensory activities and art projects with your child to take home and have fun with.

**Time & Dates:** 10-10:40 AM Tuesdays for six weeks  
October 18th to November 22nd

**Fee:** \$25



## NERFKINS SPORTS

Children begin to experience structured gymnasium time which will incorporate many games and activities while children learn and play.

**Ages:** 3-5

**Time:** Thursdays at 10 AM

**Dates:** Sept. 22, 29, Oct. 6, 13, 20, 27

**Fee:** \$25



## TEEN/ADULT JEWELRY MAKING WORKSHOPS

Working primarily with beautiful fire-polished beads from Czechoslovakia and glass beads from Japan, participants will learn how to make one or a series of stunning bracelets.

The techniques and style of bracelets include serpentine wrap (week 1), leather wrap (week 2), 4 memory wire bangles (week 3), and 2 Alex and Ani type bangles (week 4). All materials will be provided including access to the instructor's collection of beads and antique buttons from around the world. No experience is necessary and you get to take home what you make!



**Dates:** 4 Tuesdays - Sep 20, Oct 4 and 18, and Nov 1

**Time:** 5:00-7:00pm

**Location:** Killingly Community Center Art Room

**Fee:** \$30/class or \$100 for all 4

**Instructor:** Carolyn Wagner

## SILVER MOVEMENT DANCE

"Silver Movement" is at it again and we want YOU to come dance with us!! (no prior dance experience necessary) This beginner class will show you some basic line dances & simple routines. Come \*Sparkle\* with us!! Be sure to bring a water bottle and a towel :)



**Ages:** 50+

**Dates:** 4 weeks meeting Monday Start date sept 19

**Time:** 9:00am meeting for 45min

**Fee:** \$10.00 for all 4 classes

**Instructor:** Lisa Marie

## FALL PREVENTION WORKSHOP:

**Please join us for this free workshop....**

Linda Colangelo from the Northeast District Department of Health will be sharing some very helpful information!

**Date:** Tuesday, October 25, 2016

**Time:** 1:00pm

**Location:** Killingly Community Center



## STEW AND STORY LUNCHEON:

Story narrated by Suzanne Easterly. Suzanne has entertained many in Eastern Connecticut with her animated tales! Hope you can join us. This luncheon is for 55+.

**Date:** Thursday, October 20, 2016

**Fee:** \$5.00

**Location:** Killingly Community Center

**Time:** 12:00 pm

**Please RSVP:** By October 14, 2016



## WEEKDAY OPEN GYM BASKETBALL FOR ADULTS (18+)

Must show ID showing your age/birth date and bring sneakers and own basketball for the Killingly Community Center gymnasium. Fee is \$2/ per visit and you must check in with the office and leave your ID.

**Dates:** Sept 12th – December 23

**Times:** 10:00AM-1:00PM Mon-Fri

**Notes:** We will accept only 15 people per day.



# FAMILY PROGRAMS/SPECIAL EVENTS



## FALL AROMATHERAPY WORKSHOP

This workshop is designed to give you an insight into the uses and discover the delights of aromatherapy. You will learn to make 3 items including, hand sanitizer, bug spray, and mouthwash. We will discuss the benefits of using essential oils over chemical based items and hot making your own products can lead to a healthier and cleaner home. You will leave the workshop with a stronger appreciation for essential oils and you keep the products you make. All of the essential oils are 100% pure therapeutic grade.



**Location:** Community Center 185 Broad street Killingly CT

**Date:** November 17th

**Time/Fee:** 6:30-7:30pm \$10.00

**Instructor:** Jessica Houkler



**HAVE TEAMED UP TO PRESENT THIS FREE EVENT!**



**TUESDAY OCTOBER 25TH 8:00 PM**

### Free Movie Night and Jack o lantern Patch

Enjoy the new Ghostbusters movie at the theatre in the Community Center with your family. This special movie night has a fun spooky twist. Bring in your carved pumpkin to show off and be judged by the KPRD staff. We will have awards in three categories (Most creative, Spookiest and the Goofiest Jack o' Lantern). Be sure to check out the Killingly Library's special Carving day on October 24th and don't miss out on the cRIPT paranormal event being held at the Library prior to the movie. You may bring your own snacks. We kindly ask for all visitors who bring snacks to leave the theater in the same condition it was upon arrival. Doors will open at 7:45pm to submit Jack o' Lanterns movie starts at 8:00pm (Killingly Community Center is located at 185 Broad Street Killingly CT)

# Killingly Great Tomato Festival 2016

**Saturday, September 10th at Davis Park 9am-3pm**

A Taste of local food, arts, crafts, community and featuring local agriculture

#greattomato



#makeitkillingly

## 2nd annual "Our Town Parade"

Back again this year, under the leadership of Rev. Jon Chapman of Westfield Church, we are including the "Our Town" parade. For more info on entering a float or marching group visit our website

## Restaurants and food trucks from the local area

Uncle D's Blazing BBQ, Renee Working Girl Catering, Canterbury Cones, Sunny Skies, Serenity's, Redbox Canteen and many more

## Killingly Public Library

Library staff will provide fun drop-in arts and crafts activities at the festival

## Killingly Business Associations Arts & Craft Fair

Come visit the many vendors looking to show off their wares and maybe pick up something for yourself or a gift for that special someone.

## The Great Tomato Festival

Farmer's market, agricultural booths, and activities along with contest perfect for the family all featuring the tomato. New this year is a "Community Chili Contest" where community groups will offer their prize chili recipes for tasting by the general public, hoping to win the "Peoples' Choice Award"; we will once again be hosting a Farmer's Market from 9:00 am to 12:00 noon; there will be a "KIDZ Farmers Market" with activities for children and the whole family and that is an all-day event. We will be hosting a "Tomato Art" contest, as well as a "Tomato Photo", "Tomato Hat", "Tomato (Growing)" and "Guess the Number of Tomatoes" Contests. We will have live music throughout the day

## Frito Lay Community Day

Opportunity to check out the areas services available to the residents in our community and provide some fun activities for children. Moon bounce, face painting and so much more.

## Antique Fire Truck Pull:

How fast can you pull an Antique Fire Truck 25feet?

The danielson fire department brings an exciting new event to the tomato festival this year. Following the parade teams of six will pull the towns antique fire truck 25 feet. Gather a team and sign-up today All teams must consist of 6 individuals, two of them must be female.

Minimum age to participate is 16 years old.

**Fee:** Early registration rate \$60.00

(registrations after September 2nd will be \$80)

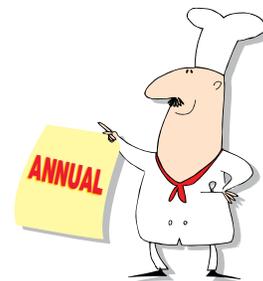
**\*Do you own a business?** We will have a special \$50 rate for local business teams

**ALL PROCEEDS WILL GO BACK TO OUR LOCAL FIRE DEPARTMENT**

FOR MORE INFORMATION CALL 860-779-5390

or Email [amercier@killinglyct.gov](mailto:amercier@killinglyct.gov)

Registration forms can be picked up and Submitted to Killingly Parks and Recreation Department 185 Broad Street Killingly CT. Registration forms can also be downloaded at [www.killinglytomatofest.org](http://www.killinglytomatofest.org) checks are made payable to "KPRD"



**FOR MORE INFORMATION VISIT OUR WEBSITE [WWW.Killinglytomatofest.org](http://WWW.Killinglytomatofest.org)  
Or on Facebook <https://www.facebook.com/killinglygreattomatofestival>**



# SPECIAL EVENTS

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### TRICKY TRAIL RACE

It's BAAAACCCCKKKK!

The 6th annual Tricky Trail Run At Owen bell park Join us **Sunday, October 30th**



for a challenging 3 mile trail race – this year with some new added tricks of the trail including challenge stations throughout the course which take time off your finish time! There will be a FREE Kids Race with challenge stops as well!

More info on that to come! Check out the event page on facebook

Online registration & timing provided by Rat race timing

Go to [www.aratrace.com](http://www.aratrace.com) and register today

\*The first 50 to register by October 1st will receive a race-day goodie bag

\$20.00 adults

\$15.00 students

\*\$25.00 day of race registration for adults

## SCARECROW KINGDOM



**OCT 29th 1:00-2:00pm**

Bring down your old clothes and help us build a Scare Crow Kingdom at Davis Park.

Killingly Business Association will also be hosting their annual Trick or Treat on main street that same day for children 12 and under from 2-3:30pm



### FROSTY'S BIG NIGHT OUT

**December 2nd**

Friday, December 2nd Frosty and Rudolph return to Downtown Danielson! Caroling will begin in Davis Park @ 5:15pm with the Killingly High School Concert Choral. If you would like to join Frosty and Rudolph as they march down the street to the park meet at Commerce Ave, @ 5:45pm. Hot chocolate and cookies will be served at Davis Park. Hope to see you there!!!

### BREAKFAST WITH SANTA

**December 3rd**

Have your photo taken with Santa and join the Broad St. Singers for some caroling. The Danielson Lions will be serving pancakes, sausages, eggs, coffee and juice. Tickets can be pre-purchased at the Community Center two weeks prior. Buy your tickets early! This event does sell-out.

**Time:** 8-11:00am

**Place:** Killingly Community Center 185 Broad St. Danielson

**Fee:** \$5.00 per person \$20 per family up to five



# New England Christmas in Killingly

Sunday, December 11 • 4pm-7pm



Downtown Main Street will be lined with luminaries.

Davis Park will have a Bon Fire and children activities!

Please visit [www.KillinglyBusinessAssociation.com](http://www.KillinglyBusinessAssociation.com) for more information.

# LIBRARY PROGRAMS



## KILLINGLY PUBLIC LIBRARY

All Programming Information  
can be found at [www.killinglypl.org](http://www.killinglypl.org)

### ADULT PROGRAMS

#### Coloring Club

3rd Wednesday of the month 1:30-2:30 pm



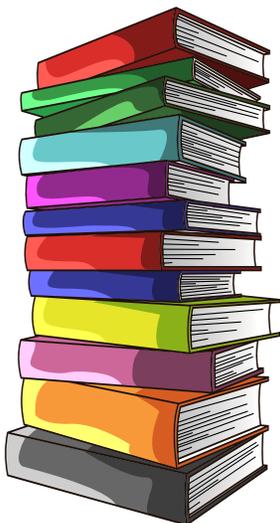
#### Genealogy Club

2nd Wednesday of the month 6-7:30 pm

#### Writers Express

Join us for this special writers group where we can inspire, share our work and encourage creativity in one another. We are offering multiple dates and times for this group.

### BOOK CLUBS



#### The Breakfast Club

3rd Monday each month September-December  
8:30 am

#### Afternoon Book Club

3rd Thursday each month September-December  
2:00 pm

#### Cooking the Book

Last Wednesday of each month  
September-November  
6:00 pm

#### Let's Talk Books

First Tuesday of each month October - December  
6:00 - 7:00 pm

### DIGITAL SERVICES PROGRAMMING

#### Tuesday Talkies

1st and 3rd Tuesdays each month  
September-December  
Showtime 5pm: Movie and popcorn

#### Techie Tuesdays

2nd and 4th Tuesday each month September-  
December 6pm . We'll tackle a different  
Technology Topic each time.

#### Laptop Lab

1st of each month September-December  
Open lab pilot program with access to laptops and one-on-one computer  
assistance. Patrons are welcome to bring their own tablets, computers and  
questions!



### SPECIAL ADULT PROGRAMS:

#### October 22nd Tea Party 10:30-12:30 pm

Suffering from Downton Abbey withdrawals? Love to hear sordid and amusing tales about days gone by? Come join us for our tea party where reference librarian Jennifer Chretien shares information about the outlandish parties and sordid adventures of the fabulously wealthy during Newport's Gilded Age. Registration Required.



#### TUESDAY OCTOBER 25TH 6:00 - 7:30 PM

Free Special Adult Program featuring "cRIPT" presented by Killingly Public Library. cRIPT research and investigation team of the paranormal will be at the Killingly Library to discuss their investigations, what they have found and recorded, and to answer any questions about the spirit realm. Sure to be a creepy good time!

### CHILDREN'S PROGRAMMING

\*Registration Required and Begins on September 1st \*

\*Please register online or call the library at 860-779-5383\*

#### Preschool Story Time

Wednesdays 10 to 11am September  
21st- November 16, 2016 Ages 3-5



#### Tinker and Tales

Thursdays 10-11am September 29th -  
November 17th. Ages 1-5

Babies, Books & Bounces

Fridays 10-10:30am September 30th -October 28 Ages 6 months-18months

#### Take- It- Apart Workshop

Saturday Oct. 15th 10-11:30am Ages 6-10  
Did you ever wonder what's inside that old  
appliance that's hanging around your house? You'll  
have a chance to do just that at our first Take-It-  
Apart workshop. Killingly High School Students will  
be here to help!



#### MONDAY OCTOBER 24TH



Free Pumpkin Decorating for Families presented by  
Killingly Public Library

Monday October 24th Design and Decorate a pumpkin 10  
a.m. Ages 3-6 and 4:30-5:30 Ages 5+. After decorating  
your pumpkin you can drop off at Killingly Recreation  
Department to enter their annual pumpkin decorating  
contest! \*please register online or call the library at 860-779-5390



#### Holiday Craft Night

Thursday December 8 at 5-6:30pm  
Ages 4 and up

# Parks



**Owen Bell Park:** Owen Bell is located at 580 Hartford Pike, boasts a street-style skate park, Splash Pad, the “Land of Ahs” Boundless playground, and various ball fields for soccer, softball and baseball, tennis and basketball courts, a track and trail for running/ biking, a band shell, picnic areas and a concession stand. **(SPLASH PAD** Schedule Memorial Day weekend to Labor Day Weekend 10am-6pm)



**Davis Park:** The Town green is located on Main Street. A gazebo is the base for many special events throughout the year. At various times during the year the park is lit up to reflect the different holiday seasons.

**Danielson Lions Park:** Located at Lewis Blvd., Lions Park provides a quaint playground area for the younger residents with swings and a playscape.

**Cat Hollow:** Provides a more wooded area for trail walking, fishing and viewing the beautiful Whetstone Brook and falls and the site of the once thriving Sayles & Sabin Mill and Worsted Mill. Cat Hollow is located off of Dog Hill Road.

**Chase Reservoir:** Nature trails and passive recreation area located off of Pettingell and Pratt Road. Non-motorized boating and fishing is allowed.



**Mason Hill Park:** A nature preserve created with the help of the Federal Government to hike and view wildlife. Parking lot is located off of Mason Hill Road.

**Water Street Park:** Located on Water Street off of Commerce

Ave. It has a small outdoor stage with stadium style seating by the river.

**Phaiah Dog Park River Trail :** Located at the intersection of the river trail and Quinebaug drive. Fenced in open space for large and small breed dogs.



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# Activity Registration Form



**Killingly Parks and Recreation**  
185 Broad Street, Killingly, CT 06239

All forms must be accompanied by full payment. Mail in or drop off at the above address.

Office Hours: Monday - Friday 8:30 am - 4:30 pm

**Registration Policies:** Include right to cancel class if there is low enrollment, and reminder that there is limited registration on certain programs so register early to avoid missing out on a class or program.

**Program Waiver:** The undersigned individual and/or as parent or guardian of the named child do hereby agree to waive, release, and hold harmless the Town of Killingly and its agents and employees from any and all causes of action including injury and property damage.

*(Please Print)*

Name of Participant \_\_\_\_\_ M/F \_\_\_\_\_ DOB \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Name of Parent(s) \_\_\_\_\_

Day/Time \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \$ \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell \_\_\_\_\_

Home Phone \_\_\_\_\_ Work/Day Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Work/Day Phone \_\_\_\_\_

Special Considerations \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Authorized pick-up person(s) \_\_\_\_\_

Payment Method *(check one)*    Cash     Check     *(Make payable to "KPRD")*

Email Address \_\_\_\_\_



# Eat Well, Be Well with WIC

We're here to help you get the best nutrition for your growing family.

## What is WIC?

WIC is the Special Supplemental Nutrition Program for Women, Infants and Children, offered by the Connecticut Department of Public Health and administered locally throughout Northeast Connecticut by Day Kimball Healthcare. We are here to support you in providing the best nutrition for your growing family!

## What does WIC provide?

- funds for the purchase of fruits, vegetables, whole grains and other healthy foods; infant formula supplements are also provided for babies who are formula fed
- consultations with a nutritionist
- breastfeeding education and assistance through consultations with a lactation consultant
- referrals for health care and other social services

## Who is eligible?

- pregnant women, as soon as pregnancy is detected
- breastfeeding women, up to one year after giving birth
- non-breastfeeding women, up to six months after giving birth
- infants and children up to age 5 (*fathers and other non-eligible guardians can register their eligible children*)
- WIC is an income-eligible program, meaning clients are accepted based upon their income. Call or visit our website to find out if you income-qualify. (Individuals that receive health insurance through HUSKY A are automatically eligible for WIC. )

## NEW - the E-WIC Card!

WIC has gone electronic! Instead of paper vouchers, WIC benefits are now loaded onto an e-WIC card, similar to a debit card. The card provides a safer, easier and more convenient way for participants to shop for food and reduces errors in choosing WIC approved foods.

## Learn More and Enroll Today

[daykimball.org/wic](http://daykimball.org/wic) | (860) 928-3660

**DKH** DAY KIMBALL HEALTHCARE

### WIC Program

(860) 928-3660 ■ [daykimball.org/wic](http://daykimball.org/wic)

Stay informed:

 [facebook.com/DayKimballHealthcare](https://facebook.com/DayKimballHealthcare) |  [daykimball.org/enews](mailto:daykimball.org/enews)

*This institution is an equal opportunity provider and employer.*

### Day Kimball Healthcare WIC Office

DKH Family Advocacy Center  
255 Pomfret Street, Putnam

#### Hours:

Monday, 8:00 a.m. - 2:00 p.m.

Tuesday, 8:00 a.m. - 4:30 p.m.

Wednesday, 8:30 a.m. - 4:00 p.m.

Thursday, 9:30 a.m. - 6:00 p.m.

Friday, 8:30 a.m. - 4:00 p.m.

Services also available in Plainfield and Danielson; please call for an appointment.





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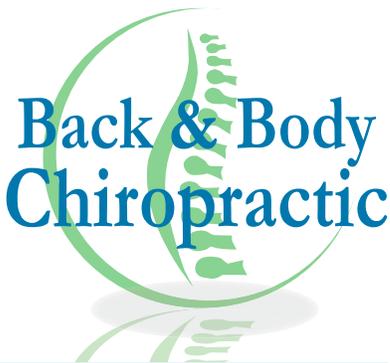


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## Waterford Country School Therapeutic Foster Care

Want to make a difference in the life of a child? Consider foster care! We're seeking families to provide loving homes for children ages 8-18.

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[wcsfostercare.org](http://wcsfostercare.org)

## Waterford Country School Outpatient Clinic for Children

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**860-886-7500 x 310**

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[wcschildtherapycl.org](http://wcschildtherapycl.org)

## Connecticut Adoption Services

*a program of Waterford Country School*

- Private Domestic Infant Adoption
- Adoption from State Foster Care
- Post Adoption Services and Support
- Crisis Pregnancy Counseling

Information sessions held monthly in several locations. See website for dates and locations.

**860-886-7500 x 355**

[ctadoptions.org](http://ctadoptions.org)



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